

Lake Forest Elementary School

Breakfast Menu

Menu 1

Monday

Boil Egg
Cereal
Apple Juice
Choice of Milk

Tuesday

Scrambled Egg
Buttered Grits
Apple Juice
Choice Milk

Wednesday

Sausage Biscuit
Apple Juice
Choice of Milk

Thursday

Boil Egg
Oatmeal
Apple Juice
Choice of Milk

Friday

Sausage Biscuit
Apple Juice
Choice of Milk

Menu 2

Monday

Boil Egg
Cereal
Apple Juice
Choice of Milk

Tuesday

Cheese Grits
Apple Juice
Choice Milk

Wednesday

Sausage Biscuit
Fresh Fruit
Choice of Milk

Thursday

Boil Egg
Buttered Grits
Fresh Fruit
Choice of Milk

Friday

Sausage
Buttered Grits
Apple Juice
Choice of Milk

